

## CORRIDA DO TEMPLO - 2025

### Relatório Geral - 6 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	1028	DANIELE DA SILVA LIRA SEGURA	F4044	-	ASSESSORIA ESPORTIVA INVICTOS	00:04:24	13,65	00:26:22.41
2	1064	KARINA MARCIANO	F4549	-		00:04:37	12,99	00:27:43.84
3	1001	ADRIANA ROGATTI GIANNASI	F5054	-	AVULSO	00:04:53	12,29	00:29:18.77
4	1099	MICHELE ADRIANA DA COSTA ALVES	F4044	-		00:05:05	11,82	00:30:28.03
5	1041	FABIANE SILVA REIS	F3034	-	TRUIS	00:05:05	11,81	00:30:29.49
6	1053	HIROMI ALINE SILVA	F4044	1	INVICTOS	00:05:10	11,63	00:30:58.51
7	1124	SIMONE QUEIROZ DA SILVA	F3539	1		00:05:16	11,40	00:31:35.10
8	1089	MARIA PAULA DE SOUZA RODRIGUES	F3539	2	FUNCIONAL CAMPO/BALBINOS	00:05:20	11,23	00:32:03.30
9	1003	AMANDA SALVA	F4044	2	CAFÉ COM LEITE RUNNER	00:05:22	11,16	00:32:15.54
10	1022	CLEIA MARTINS VIEIRA	F5054	1		00:05:25	11,09	00:32:28.37
11	1077	LUDIMILA VARGAS	F2529	1	TEAM BOLT RUNNING	00:05:25	11,08	00:32:30.06
12	1069	LARISSA JAQUELINE	F0024	1		00:05:25	11,08	00:32:30.38
13	1125	SOFIA MORAES AMADO	F0024	2	GTÃ RUN BEER	00:05:34	10,78	00:33:24.84
14	1023	CRISTIANE GISELE CARDOSO BRANDINO	F4549	1	LEOMOSK	00:05:34	10,77	00:33:26.50
15	1007	ANA JÚLIA COELHO DE ANDRADE	F0024	3	GTÃ RUN BEER	00:05:35	10,74	00:33:31.07
16	1135	YUMIKO SHINKAI KAWATI HACIMOTO	F6599	1	LINS	00:05:37	10,67	00:33:44.99
17	1101	MICHELE LOUSADO DA SILVA	F2529	2	TIME CILADA	00:05:38	10,67	00:33:45.38
18	1123	SIMONE CONCEIÇÃO DIAS DE SOUZA	F4549	2	SUPERATIS	00:05:39	10,62	00:33:53.69
19	1084	MÁRCIA MATIAS DOS SANTOS	F4044	3	EQUIPE JOÃO	00:05:42	10,52	00:34:13.72
20	1038	EDNA FERREIRA	F4044	4	TEAM BOLT RUNNING	00:05:44	10,47	00:34:23.44
21	1030	DENISE CICERO	F4044	5		00:05:45	10,44	00:34:28.28
22	1117	ROZELY BENEDITA GERALDO SARDINHA	F5559	1	ASSESSORIA ESPORTIVA INVICTOS	00:05:46	10,42	00:34:33.17
23	1056	JANE MORENO	F4044	6		00:05:47	10,36	00:34:44.80
24	1078	MAIRA DE SOUZA SILVA	F3539	3	QUASE FITNESS PROMISSÃO	00:05:47	10,36	00:34:44.91
25	1127	SUSETE RODRIGUES RUFINO DANIEL	F5054	2	PIRAJUI RUNNERS	00:05:50	10,28	00:35:01.01
26	1015	BRUNA ALESSANDRA RODRIGUES	F2529	3		00:05:51	10,27	00:35:03.91
27	1275	THUANY PAULA MANSO COLLIS	F3034	1	TEAM BOLT RUNNING	00:05:51	10,26	00:35:06.72
28	1004	AMANDA SARDI	F4044	7	TIME CILADA	00:05:52	10,23	00:35:12.30
29	1052	HELEN ARRUDA RODRIGUES	F3539	4	TIME CILADA	00:05:52	10,22	00:35:13.19
30	1114	RENATA XAVIER SERRANO	F4549	3	OLIVER CHIC IMPORTADOS	00:05:53	10,19	00:35:19.31
31	1107	NADIA CHRISTIE SIQUEIRA	F2529	4	INVICTOS	00:05:54	10,18	00:35:22.31
32	1058	JESSICA THAINA BATISTA MIRANDA	F2529	5	FAMÍLIA RUNNERS LINS	00:05:57	10,08	00:35:42.82
33	1134	VIVIANE MEIRA	F2529	6	VIVIANE	00:05:58	10,04	00:35:51.34

## CORRIDA DO TEMPLO - 2025

### Relatório Geral - 6 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
34	1233	MAYARA BREFORE	F3539	5	LEOMOSK	00:05:59	10,03	00:35:54.82
35	1020	CAROLINE ARAUJO DE SOUSA VERISSIMO	F3539	6	TIME CILADA	00:05:59	10,01	00:35:58.10
36	1006	ANA CRISTINA DOS SANTOS	F4044	8		00:05:59	10,01	00:35:58.14
37	1054	MARIANA MORELLI	F3034	2	MAXIMARUN	00:06:01	9,98	00:36:05.47
38	1035	LAIS MORELLI	F3539	7	LEOMOSK	00:06:01	9,98	00:36:05.62
39	1002	AMANDA CRISTINA MORETIN	F4044	9	TIME CILADA	00:06:01	9,97	00:36:06.28
40	1093	MARLENE HITOMI SAKANAKA	F4549	4	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:06:01	9,96	00:36:08.56
41	1131	THAÍS BENEVIDES DE SOUZA	F2529	7	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:06:04	9,89	00:36:24.71
42	1045	GABRIELA ZAMIAN	F3034	3	PRA QUE ISSO	00:06:05	9,85	00:36:33.77
43	1095	MAYARA DE CASTRO ARROIO	F3034	4	GTÃ RUN BEER	00:06:08	9,80	00:36:45.49
44	1037	EDLAINE VITOR SA SILVA	F3539	8	HEALTHYLIFE	00:06:08	9,79	00:36:46.26
45	1047	GIOVANA LETÍCIA YOSHINAG A ALVES	F0024	4	ELITE DA NASA/DF/MG/MA/PR/SP	00:06:08	9,77	00:36:50.55
46	1091	MARIEL PRADO VICENTE	F3034	5	CORRER SOZINHA	00:06:09	9,75	00:36:56.54
47	1109	PAOLA FERNANDA ALVES DOS SANTOS	F3034	6		00:06:11	9,70	00:37:07.71
48	1008	ANA JÚLIA S NASCIMENTO	F2529	8		00:06:13	9,64	00:37:21.24
49	1070	LAURITA RODRIGUES DOS SANTOS	F5054	3	FAMILY RUN IACANGA	00:06:16	9,57	00:37:36.79
50	1025	DAIANE FANALI	F3034	7		00:06:16	9,57	00:37:38.65
51	1024	CRISTIANI APARECIDA DE GODOY	F5054	4	CAFÉ COM LEITE RUNNER	00:06:18	9,52	00:37:49.21
52	1017	CAMILA DE LIMA ALMEIDA DA SILVA	F3539	9	GTÃ RUN BEER	00:06:20	9,47	00:38:00.24
53	1066	EDILAINÉ F DE CAMPOS	F5559	2	FAMILY RUN IACANGA	00:06:22	9,41	00:38:15.30
54	1059	JOICE APARECIDA DE LIMA	F4044	10	ROBSON MELLO ASSESSORIA ESPORTIVA	00:06:23	9,39	00:38:21.87
55	1034	DHÂMIAN YASMIN	F0024	5	GTÃ RUN BEER	00:06:25	9,34	00:38:32.48
56	1102	MICHELI ADRIANA	F3539	10		00:06:26	9,33	00:38:36.53
57	1014	BARBARA SERAIN	F0024	6		00:06:27	9,30	00:38:43.26
58	1019	KARINA SAEKO KAMOI SASAKI RAMOS	F3034	8	FORÇA MÁXIMA GUAÍÇARA	00:06:29	9,25	00:38:55.57
59	1032	DENISE FRANÇA BARBOSA	F4044	11		00:06:31	9,20	00:39:08.12
60	1060	JOSY ANNE DE MORAIS BÉRTOLI	F3539	11	GTÃ RUN BEER	00:06:33	9,17	00:39:16.78
61	1096	MAYSA NUNES DE LACERDA	F3034	9	CAFÉ COM LEITE	00:06:35	9,11	00:39:31.78
62	1005	ANA CARLA TIOZZO	F4549	5	ATLETISMO LINS	00:06:36	9,09	00:39:37.74
63	1122	SIMONE CAETANO	F4044	12	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:06:37	9,07	00:39:42.75
64	1129	TÂNIA MARA BRANDÃO	F6064	1	TEAM BOLT RUNNING	00:06:38	9,06	00:39:45.25

## CORRIDA DO TEMPLO - 2025

### Relatório Geral - 6 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
65	1061	JULIA SOUZA POLI	F2529	9		00:06:38	9,05	00:39:47.17
66	1042	FLÁVIA ANASTACIO POLIZER	F4044	13	TEAM BOLT RUNNING	00:06:39	9,02	00:39:56.19
67	1048	GISELE RIBEIRO MOREIRA	F4549	6	PIRAJUI RUNNERS	00:06:40	9,01	00:39:58.15
68	1016	BRUNA CARVALHO	F4044	14	TIME CILADA	00:06:41	8,97	00:40:08.80
69	1057	JÉSSICA DOS SANTOS ANDRÉ	F3034	10	TEAM BOLT RUNNING	00:06:42	8,96	00:40:11.06
70	1018	CARINA ELOISA DE CAMARGO	F4044	15	EXPEDIT DE SOUZA ASSESSORIA ESPORTIVA	00:06:42	8,95	00:40:13.17
71	1112	RAFAELLE SALENAVE	F3539	12	HEALTHYLIFE	00:06:43	8,94	00:40:16.18
72	1094	ROSELI APARECIDA DA SILVA MARTINS	F5559	3	GUERREIROS PROMISSÃO	00:06:50	8,78	00:41:00.60
73	1071	LETICIA CIRILLO PAULINO CIRILLO	F0024	7		00:06:52	8,74	00:41:12.14
74	1010	ANA PAULA MEGUMI GOTO DE MELO	F4549	7	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:06:53	8,72	00:41:17.65
75	1013	ANGELYCA MARQUES MOURA	F4549	8	ROBSON MELLO ASSESSORIA ESPORTIVA	00:06:56	8,66	00:41:34.55
76	1076	LUCINEA DOS SANTOS PEREIRA	F6064	2		00:06:58	8,60	00:41:51.15
77	1072	LETÍCIA THÁIS RODRIGUES DA SILVA	F3034	11	TIME CILADA	00:06:59	8,59	00:41:55.51
78	1079	MANUELA ARRUDA RODRIGUES	F0024	8	TIME CILADA	00:07:07	8,43	00:42:42.64
79	1110	PRISCILA PEREIRA ALVES ALVES	F3034	12	HEALTHYLIFE	00:07:10	8,38	00:42:58.43
80	1049	GRAZIELI RODRIGUES	F4044	16	FAMÍLIA RUNNERS LINS	00:07:13	8,32	00:43:17.05
81	1088	MARIA FERNANDA FABRÍCIO MURÇA	F0024	9	FAMILY RUN IACANGA	00:07:15	8,28	00:43:28.74
82	1040	FABIA VIEGAS BARBOSA	F3539	13	TIME CILADA	00:07:15	8,28	00:43:29.22
83	1065	KARINE BIANCA FARIA DA ROCHA	F0024	10		00:07:15	8,27	00:43:32.13
84	1050	GRAZIELLY AQUINO DE SOUZA BASSE	F2529	10	FAMILY RUN IACANGA	00:07:16	8,26	00:43:36.02
85	1021	CICERA PAYAO	F5559	4	TEAM BOLT RUNNING	00:07:17	8,24	00:43:40.69
86	1116	ROSEMARY FERREIRA ROCHA	F4044	17	EXPEDIT DE SOUZA ASSESSORIA ESPORTIVA	00:07:17	8,24	00:43:41.61
87	1083	MÁRCIA IOKO SAKANAKA	F4549	9	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:07:17	8,24	00:43:42.78
88	1103	MICHELLE AIKO SAKANAKA	F4044	18	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:07:18	8,23	00:43:46.82
89	1090	MARIANA CAETANO DE OLIVEIRA	F0024	11	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:07:22	8,14	00:44:13.64
90	1120	SELMA CRISTINA RANZETTI	F4549	10	GTÃ RUN BEER	00:07:24	8,10	00:44:26.83
91	1092	MARINA CASTILHO RIBEIRO	F4044	19	TIME CILADA	00:07:25	8,09	00:44:31.95
92	1033	DENISE TANJI	F4044	20	TIME CILADA	00:07:25	8,08	00:44:32.21
93	1100	ANA PAULA DOS SANTOS LEITE HARADA	F4044	21	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:07:30	8,00	00:45:00.48

## CORRIDA DO TEMPLO - 2025

### Relatório Geral - 6 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
94	1224	ANA PAULA DOS SANGOS LEITE	F4044	22	GERAÇÃO SAÚDE/ATLETISMO GUAIMBÊ	00:07:30	8,00	00:45:00.48
95	1082	MARCIA APARECIDA GIMENES DE ANDRADE	F4044	23	TEAM BOLT RUNNING	00:07:30	8,00	00:45:01.98
96	1086	MARIA DO CARMO ANDRADE SANTOS	F5559	5	NASPER MACHADO ASSESSORIA ESPORTIVA	00:07:32	7,96	00:45:12.08
97	1055	JAMILY AGUIAR	F3539	14		00:07:33	7,95	00:45:18.48
98	1132	THASSIA DE CARVALHO V ESCUDERO	F3034	13		00:07:41	7,81	00:46:07.26
99	1113	RAQUEL DOMINGOS	F6064	3	GTÃ RUN BEER	00:07:44	7,75	00:46:27.35
100	1115	ROSA SABINO BONFIM HERMINIO	F5559	6	GTÃ RUN BEER	00:07:45	7,74	00:46:29.53
101	1075	LUCILLIAM SCABORA GIARRANTE	F4044	24	TIME CILADA	00:07:45	7,74	00:46:32.47
102	1012	ANGELA SOUZA	F4044	25	CAFÉ COM LEITE RUNNER	00:07:54	7,59	00:47:24.71
103	1104	MONALISA FERREIRA DA SILVA	F4044	26	CAFÉ COM LEITE RUNNER	00:07:59	7,52	00:47:54.92
104	1043	FRANCINE ROJAS LUIZ	F4549	11	ASSESSORIA ESPORTIVA INVICTOS	00:08:00	7,49	00:48:02.62
105	1085	MÁRCIA REGINA BARBOSA DOS SANTOS	F5054	5	ACADEMIA PLANETA ÁGUA	00:08:08	7,38	00:48:47.75
106	1108	PAOLA DE ASSIS OLIVEIRA RAIMUNDO	F2529	11	FAMILY RUN IACANGA	00:08:09	7,36	00:48:54.75
107	1097	MELINA BERTOLLA GALVÃO	F3539	15	TIME CILADA	00:08:13	7,30	00:49:17.93
108	1068	LARISSA CARDOSO DE SOUZA	F2529	12	EXPEDIT DE SOUZA ASSESSORIA ESPORTIVA	00:08:15	7,28	00:49:29.19
109	1036	EDJANE DOMINGOS DOS SANTOS	F3034	14	CAFÉ COM LEITE RUNNER	00:08:24	7,14	00:50:27.09
110	1111	RACHEL SANCHES PEREIRA GOULART	F5559	7	TIME CILADA	00:08:34	7,00	00:51:26.23
111	1128	SUZANA TELES RICCI	F3539	16	TIME CILADA	00:08:34	7,00	00:51:26.78
112	1098	MELISE STÉFANY CIRILLO DOS SANTOS NUNES GUANDALIM	F3034	15		00:08:41	6,91	00:52:06.76
113	1121	SIDNEIA GONÇALVES DE SOUZA SILVA	F6064	4	QUASE FITNESS PROMISSÃO	00:08:43	6,89	00:52:16.92
114	1000	ADRIANA APARECIDA VIEIRA MACHADO	F3539	17	EXPEDIT DE SOUZA ASSESSORIA ESPORTIVA	00:09:02	6,65	00:54:10.83
115	1009	ANA LUCIA ROCHA ALVES	F4549	12	ELITE DA NASA/DF/MG/MA/PR/SP	00:09:29	6,33	00:56:52.21
116	1029	DAYANE ANDRADE	F2529	13	TEAM BOLT RUNNING	00:10:03	5,97	01:00:16.85
117	1133	VIRGÍNIA NOVAES HORTENSE	F4044	27	TIME CILADA	00:10:04	5,96	01:00:25.26
118	1027	DANIELA GONZALEZ CÁCERES SOUZA	F4549	13	TIME CILADA	00:10:04	5,96	01:00:25.55
119	1044	GABRIELA ROCHA ALVES	F0024	12	ELITE DA NASA/DF/MG/MA/PR/SP	00:10:14	5,86	01:01:25.78
120	1126	SUELI CRISTINA MENDONÇA ALVES	F5054	6	ELITE DA NASA	00:10:18	5,83	01:01:48.95
121	1067	LAIZ ALESSANDRA MACHADO	F0024	13	EXPEDIT DE SOUZA ASSESSORIA ESPORTIVA	00:10:31	5,70	01:03:07.84

## CORRIDA DO TEMPLO - 2025

### Relatório Geral - 6 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
122	1285	MARIA EDUARDA TAVARES CONTRERA	F0024	14		00:14:26	4,16	01:26:36.11